Creating An Unstoppable Mindset

You can use this worksheet to help you complete your Uncomfortable Action Challenge for Day 1 of The Own Your Future Challenge!

**Uncomfortable Action Challenge:** In less than 3 minutes, go live inside the private Facebook Group and share your old belief system compared to your new belief system. **Use hashtag #OwningMyFuture1**

01 | Write down one “old belief” you had about your life and your ability to own your future.

02 | Write down one “new belief” empowering you to own your future.

03 | What has that old belief cost you in time, money and resources?

04 | What would the new belief allow you to be, do, have, make?
You can use this worksheet to help you complete your **Uncomfortable Action Challenge** for Day 2 of The Own Your Future Challenge!

**Uncomfortable Action Challenge:** In less than 3 minutes, go live inside the private Facebook Group and share what your friends come to you for? (What skill do you have that others think “Wow! I wish I could do that!”) **Use hashtag #OwningMyFuture2**

01 | What is the limiting belief that most often stops you from unlocking what’s in your head and selling what you know to those who need your knowledge?

02 | Leaning into your new belief system, what is the one thing your friends/family/colleagues come to you for (that is easy for you to do) that has them saying “Wow, I wish I could do that!”?

03 | Knowing what you know now, what could you sell to others based on your (well above average) skill level on the topic? (ex: how to train a pet, how to sing like a pro, overcome anxiety, etc)

04 | Knowing what you know now, who could you sell to? Remember, your ideal client is you just a few years ago. (Don’t be afraid to get specific!)
You can use this worksheet to help you complete your Uncomfortable Action Challenge for Day 3 of The Own Your Future Challenge!

**Uncomfortable Action Challenge:** In less than 3 minutes, go live inside the private Facebook Group and share a unique “hook” for your ideal clients. What could you say to stop your ideal client in their tracks and get them to read what you wrote or watch what you recorded? **Use hashtag #OwningMyFuture3**

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**The Hook**

-- Something compelling, unique, that thing, grabber, or “hook” that stops people in their tracks to read what you wrote or watch what you recorded.

*Example:*

"Have you ever in your adult life looked in the mirror and said... I thought I'd be further ahead in life by now... Well if so, you're not alone. My name is Dean Graziosi and I help...."

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**01** How has your view on selling changed from it being “salesy” to it being service?

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**02** Keeping in mind your ideal client is YOU a few years ago, when it comes to helping your ideal client move away from their current pain, what is one worry or fear they probably have?

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**03** When it comes to helping your ideal client move toward their desired future, what is one dream, or opportunity, they probably have?

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**04** Leaning into your new empowering belief system, complete this sentence: “Have you ever _____ and thought _____? Well if so, you are not alone. My name is ___ and I help _____ with _____."
How To Teach It & Where To Find Buyers

You can use this worksheet to help you complete your Uncomfortable Action Challenge for Day 4 of The Own Your Future Challenge!

Uncomfortable Action Challenge: In less than 3 minutes, go LIVE on video inside the private Facebook Group and share a unique “scene” from your life you could use while teaching your ideal client. Use hashtag #OwningMyFuture4

01 | Brainstorm 3 scenes from your past that could turn into a story for you to reference as you train.

02 | Circle one scene that you could build out to be a “signature story” for you to share when you train.

03 | What is an old limiting belief around sharing your story to teach others?

04 | Leaning into your new empowering belief system, how would you share this story to help your ideal client overcome THEIR limiting beliefs?